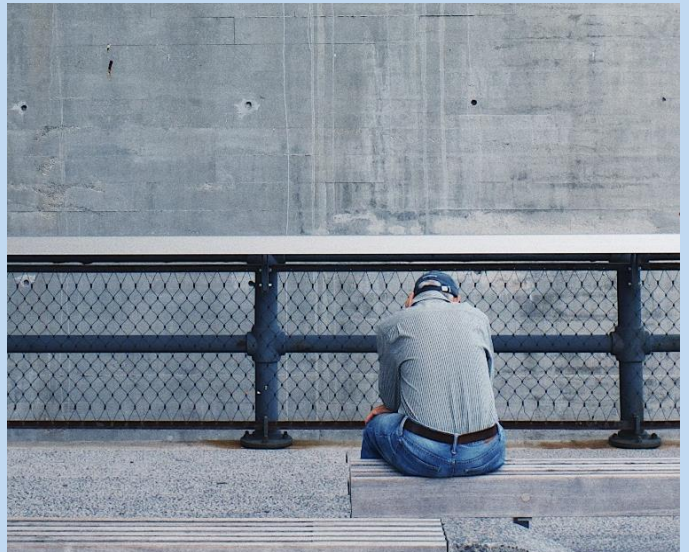


The Catholic Medical Association of Orange County **welcomes all** to:
HELPING PATIENTS OVERCOME EMOTIONAL AND SPIRITUAL PROBLEMS

Do some of your patients feel insignificant, depressed, or afraid to assert themselves? Have they lost faith during challenging times? In this talk, licensed marriage and family therapist, Thomas Schmierer (pronounced "shmeer"), owner of [HEALING AND PEACE Catholic Therapy Services](#), describes a developmental model for emotional maturity based on the thought of St. Thomas Aquinas that can help medical professionals learn how to help insecure patients move towards experiencing the world as confident, happy adults from the inside out.



Friday, October 5 from 12:30 to 1:30 pm • Christ Cathedral Campus
Diocese of Orange Pastoral Center • 13280 Chapman Ave, Garden Grove, CA 92840



Thomas Schmierer is a licensed marriage and family therapist and faithful Catholic who helps individuals, couples, and families in pain to experience deep personal and relational healing by using the top faith and evidence-based treatments so that they can live out their unique vocations to love with ever greater peace, holiness, and joy. He is creating a new blog at HealingAndPeace.com/blog with a mission of it being your Catholic guide through the trials of life. In addition to his education as a therapist, Mr. Schmierer graduated summa cum laude from Holy Apostles College & Seminary where he received an M.A. in Moral Theology. His work as a therapist is informed by his education in the psychological thought of St. Thomas Aquinas. He is a knowledgeable student of St. John Paul II's Theology of the Body and was the founder and first president of Ocean Counties Theology of the Body Evangelization Resources (OC-TOBER), an organization whose mission includes "assisting the Church by improving parishioner perception and understanding of Church teachings on human sexuality."

Follow Mr. Schmierer on:

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