

The Society of Catholic Leaders **welcomes all** to:
THE OTHER CHAIR: MY LIFE AS A CATHOLIC THERAPIST

Patients already know their own minds, but do they ever get to know what the therapist is really thinking? In this talk, licensed marriage and family therapist, Thomas Schmierer (pronounced “shmeer”), owner of [HEALING AND PEACE Catholic Therapy Services](#), shares his experience of his clients, Catholic faith, & life as a therapist.



Friday, August 10 at 7AM • St. Mary's Parish Hall • 1170 S Broadway • Escondido, CA 92025



Thomas Schmierer is a Catholic therapist who helps Catholic individuals, couples, and families in pain to experience deep personal and relational healing by using the top faith- and evidence-based treatments so that they can live out their unique vocations to love with ever greater peace, holiness, and joy. He is creating a new blog at HealingAndPeace.com/blog with a mission of it being your Catholic guide through the trials of life. In addition to his education as a therapist, Mr. Schmierer graduated summa cum laude from Holy Apostles College & Seminary where he received an M.A. in Moral Theology. His work as a therapist is informed by his education in the psychological thought of St. Thomas Aquinas. He is a knowledgeable student of St. John Paul II's Theology of the Body and was the founder and first president of Ocean Counties Theology of the Body Evangelization Resources (OC-TOBER), an organization whose mission includes "assisting the Church by improving parishioner perception and understanding of Church teachings on human sexuality."

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HEALING AND PEACE
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